

IWSNA 2020 Winter Competition - COVID Safety Guidelines

The Inner Western Suburbs Netball (IWSNA) COVID Safety Guidelines have been developed by the IWSNA COVID Safety and Executive Committees, and endorsed by NSW Netball and NSW Health to maintain a safe environment for players, officials, volunteers and visitors during the 2020 Winter Netball Competition at Cintra Park.

To comply with current NSW Public Health directives all Clubs, Teams and Individuals <u>MUST</u> follow the IWSNA COVID safety plan. There are <u>NO EXCEPTIONS</u>, under any circumstances. Please distribute the guidelines to all your members and club officials.

DO	DO NOT
Comply with all IWSNA Safety Guidelines & Directives. Maintain good Personal Hygiene – wash your hands regularly; cover your mouth to cough/sneeze Follow ALL Entry and Exit signs as marked – (see map - pg.3). Maintain Social Distancing of 1.5m at all times (other than during Game play). Meet your team outside of ALL playing sections to warm up and cool down.	 Do not attend a training session or a Game Day if you: have been unwell or had any flu-like symptoms, or have been in contact with a known or suspected case of COVID-19, or have any sudden loss of smell or loss of taste, or are at a high risk, inc. the elderly and those with preexisting health conditions. have returned from travelled to/from Victoria since July 1, 2020 have been to any NSW COVID affected businesses/suburbs listed here: https://www.nsw.gov.au/covid-19/latest-news-and-updates
Get IN, PLAY and Get OUT – Leave your court immediately at the end of the game. All playing sections must be cleared within 10 minutes approx. at the end of each game	Do not share ANY items e.g: drink bottles, nail clippers, food, lip-balm, sunscreen, clothing, whistles, pens, notebooks, phones etc
When your game is finished, leave the grounds as soon as possible. You cannot stay at courts for any reason once you have finished your game.	Do not enter or walk through any other playing sections, to either enter or exit, your own playing section or the grounds at ANY time.
You may ONLY enter your playing section and court 10 minutes approx. before your game, be ready to play when you arrive at the court. (see enter/exit times pg.2)	Do not enter your playing section until the previous game is finished and all people are cleared out from the section completely.
ONLY one scorer each game. Tick all players for both teams who are playing. (FIRST TEAM on draw is the ONLY scorer for the whole match – leave scoresheet in Centre circle when game is finished)	Do not Hug, Embrace, Kiss, High Five, Shake hands with anyone at all – No physical contact is allowed at all between anyone – including team huddles at breaks, before the game, at the end of game or during any type of team celebration.
Each team MUST bring their own kit: hand sanitizer, hand wipes, tissues, spare ball and 2 sets of playing bibs All players should hand sanitizer prior to and after playing, and at each game break.	Do not allow more than 5 spectators, per game, per team – NO EXCEPTIONS. (see max. people allowed per game table – pg.2) Do not share Balls and Bibs between different teams
To aid the fight against COVID19, we encourage download the COVIDSafe App. Match ball and Match Bibs MUST be washed	Umpires do not need to sign in at the Admin building for ANY games. Do not bring Dogs, Scooters or Bikes onto the grounds, into your playing sections or sourt at ANY time.
/ sanitized after each use. Officials required at multiple matches can remain on the grounds BUT must spread out in the outer zones of the grounds and not congregate in groups in any section.	into your playing sections or court at ANY time. Do not change scorers during the game – ONLY one scorer per match. (FIRST TEAM on draw is the ONLY scorer for the whole match – leave scoresheet in Centre circle when game is finished)



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Maximum amount of people allowed per game – NO EXCEPTIONS				
WHO	# PER TEAM (18)	TOTAL # PER GAME (36)		
Players	10	20		
Coaches & Team Staff	2	4		
Umpire	1	2		
Scorer – FIRST ON DRAW	ONLY HOME TEAM	1		
Spectators / Parents / Runners	Up to 5	9		

- Each team must stay on one (1) side-line each and ALL spectators MUST spread out.
- All people attending games must maintain social distancing of 1.5m along their side-line.
- Umpire (Runners), training Junior Umpires must be included in your Spectator numbers.
- NO SCORING at all is required for ALL 8yrs or 9yrs modified games until further notice.

TIMESLOT	ALLOWED	LATEST
GAME TIME	ENTRY TIME	EXIT TIME
08:20 am	08:10 am	8:58 am
09:23 am	9:10 am	10:01 am
10:26 am	10:13 am	11:04 am
11:29 am	11:16 am	12:07 pm
12:32 pm	12:19 pm	01:31 pm
01:56 pm	01:43 pm	02:55 pm
03:20 pm	03:07 pm	04:19 pm

All Teams MUST adhere to Entry and Exit Times.

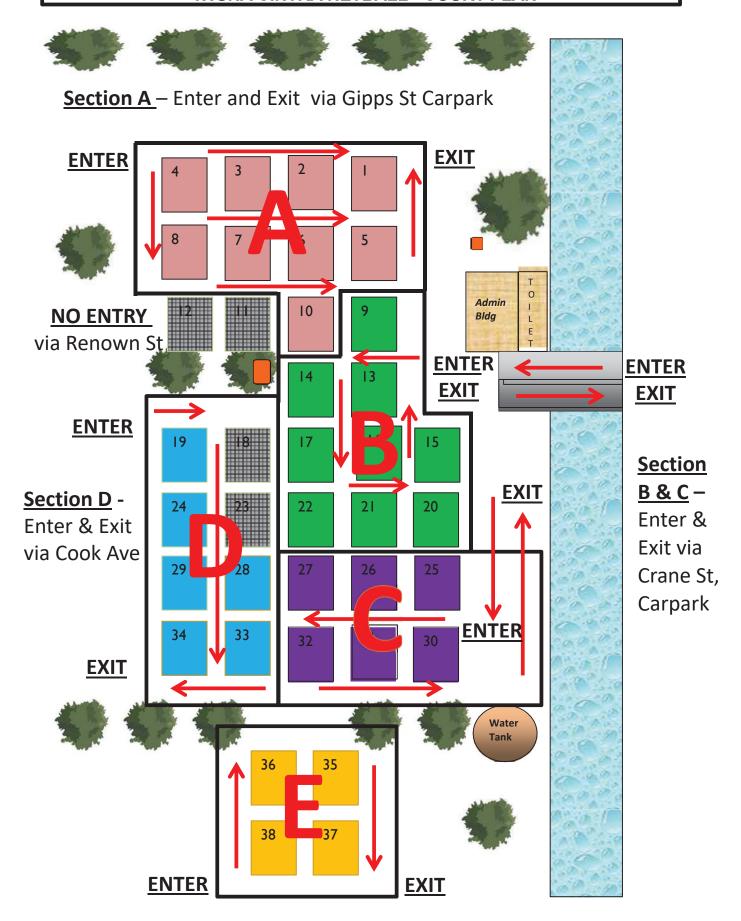
SECTION	ENTRY / EXIT	COURTS
A (Asphalt)	Gipps St, Carpark	1, 2, 3, 4, 5, 6, 7, 8, 10
B (Asphalt)	Crane St, Carpark	9, 13, 14, 15, 16, 17, 20, 21, 22
C (Asphalt)	Crane St, Carpark	25, 26, 27, 30, 31, 32
D (Grass)	Cook Ave	19, 24, 28, 29, 33, 34
E (Grass)	Lyons Rd West	35, 36, 37, 38

All Entry and Exit points for each section MUST be followed.

DO NOT enter/exits by any other points. DO NOT walk through or across sections.

NSW Health officials and Council Rangers will be patrolling Cintra Netball Courts.

IWSNA CINTRA NETBALL - COURT PLAN



Section E – Enter & Exit via Lyons Rd West