

Five Dock All Saints Netball Club



2019 General Information Handbook

Website: www.fivedockallsaints.org.au

Facebook: www.facebook.com/FDASNetball/

Email: fdasnc@bigpond.com

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INTRODUCTION & KEY CONTACTS

2019 EXECUTIVE & COMMITTEE MEMBERS

PRESIDENT	Darryl Stuart	Email darryl.stuart@hotmail.com
REGISTRARS Junior Teams Senior Teams	Darryl Stuart 8-12 years Andrew Russell 13 years and over Bruno Lorizio (Assistant) Bridget Pate (Assistant)	Email darryl.stuart@hotmail.com Email amrussell@bigpond.com Email bruno.lorizio@brother.com.au Email bridget@inet.net.au
SECRETARY	Andrew Russell	Email fdasncsec@bigpond.com
ASSISTANT SECRETARY	Jane Dunne	Email janedunne00@gmail.com
TREASURER	Susie Baldacci	Email susanna.baldacci.17@gmail.com
ASSISTANT TREASURER	Jane Dunne	Email janedunne00@gmail.com
MYNETBALL IT ADMINISTRATOR	Bruno Lorizio	Mobile 0488 195 461 Email bruno.lorizio@brother.com.au
UMPIRE CO-ORDINATOR	Monique Coleman	Mobile 0409 388 324 Email aligator.ent@bigpond.com
ASSISTANT UMPIRE CO-ORDINATOR	Claudia Petrucco	Mobile Email
FUNDRAISING/SPONSORSHIP	Patrick Everest	Email peverest@jmmichel.com.au
DEVELOPMENT OFFICER	Bridget Pate	Email bridget@inet.net.au
UNIFORM/EQUIPMENT	Jenny McLean	Email: fdasuniform@gmail.com or jenmcl68@hotmail.com
GRADING COMMITTEE	Donna Antoniou Maria Stuart Monique Coleman Bruno Lorizio	
LIFE MEMBERS	Lida Dal Cin Donna Antoniou Mark Petrucco	

HANDY INFORMATION

Five Dock All Saints Netball Club		Website www.fivedockallsaints.org.au/ Facebook www.facebook.com/FDASNetball/ Email fdasnc@bigpond.com
Inner Western Suburbs Netball Association (IWSNA)	Cintra Netball Courts Crane Street CONCORD NSW 2137 PO Box 1012 FIVE DOCK NSW 2046	Website http://innerwestna.nsw.netball.com.au/ Facebook www.facebook.com/Inner-West-Netball-Association-612910358738648/ Email innerwestnetball@gmail.com Phone 9744 0587 Mobile 0419 434 982 – after hours
Insurer	V Insurance Group Ltd (authorised representative of Willis Australia Limited)	Email netball@vinsurancegroup.com Phone 1300 945 547
Netball NSW Office	Netball Central 2 Olympic Boulevard SYDNEY OLYMPIC PARK NSW 2127	Website http://nsw.netball.com.au/ Email netballnsw@netballnsw.com Phone 9951 5000

AIMS

- ❖ To provide a friendly competition for all netballers.
- ❖ To provide a healthy basis for the enjoyment of the sport.
- ❖ To foster a sportsmanlike attitude to the sport.
- ❖ To provide an environment for parents and carers to be involved with their children.



CLUB HISTORY

Our Club was formed in July 2005 from the amalgamation of the All Hallows and St Mark's Netball clubs. 2006 was our first year of competition at Inner Western Suburbs Netball Association.



Although we are only 13 years young, we are one of the largest junior clubs in the Inner Western Suburbs Netball Association. Our Club has enjoyed strong support from the communities at All Hallows Primary School and St Mark's Primary School to build a united Club with players now coming from local schools including Abbotsford, Five Dock and Drummoine Public Schools as well as Domremy College, Rosebank College, Santa Sabina College and PLC.

PLAYING NETBALL WITH FDAS

COMPETITION

The Club competes in the Inner Western Suburbs Netball Association Competition.

Competition dates are set by the Association and dates are advised at the start of the year. The 2019 Winter Competition is to commence on **Saturday, 6 April 2019** and concludes late August 2019 with Semi Finals and the Grand Final Day on **Saturday, 31 August 2019** (Contingency day is 7 September 2019).

REGISTRATIONS

All registrations are now online via the MyNetball website. FDAS **may** hold one Registration Evening (dates/times to be advised by FDAS if needed) for existing and new members who are having issues with the online system or have any questions. Fees and Uniform items are also selected and paid for on the online system.

If you are new to FDAS you must email a passport sized photo and a copy of your birth certificate or passport to the appropriate Age Registrar. All teams will be confirmed after registrations close on 17 February 2019. Please be aware that places are limited and your spot in a team is only final once confirmed by the FDAS Registrar.

There are two online registration platforms in the MyNetball system:

- ❖ NetSetGo! Minis, 8 years and 9 years; and
- ❖ 10 years to Seniors (Opens)

Players will need their login credentials. Existing players will have their login details emailed to them by the Club's Registrar via MyNetball once the online registration system is open. New players must register first in MyNetball to create their login details **before** trying to register with FDAS.

If you have any problems or questions, please contact Bruno Lorizio at FDAS on bruno.lorizio@brother.com.au before trying to register.

Please visit the Club's website to download/view the "how to register" instruction documents.

Before registering, please consider if you will be available to play for the whole season. Registration Fees are generally NON-REFUNDABLE. (Please see Page 22 under "Club Specific Policy")

Players will only be refunded their fees and uniform costs if the player is not allocated to a FDAS team. All junior teams must have a coach. If there is no coach, then the team will not be registered. Most coaching and/or netball skills clinics are arranged and subsidised by the Club.

Cadet teams and Open/Senior teams: It is optional to have a coach due to study, work and/or family commitments. If there is no coach in the Cadet and Open/Senior teams, the team must appoint a manager to administer all communications, paperwork and sighting ID cards.

NetSetGo! Mini Magpie Helpers: A condition of entry of your child in the NetSetGo! Mini Magpies is that the parents must offer to assist on Saturday mornings otherwise we cannot register a Mini Magpies team with the Association. Currently a minimum of two parent helpers are required for every ten Mini Magpies registered.

Late registration will only be accepted if a position is available in the appropriate age team.

FEES FOR 2019 SEASON

The following fees will apply for the 2019 Season. Please note fees are to be paid IN FULL at the time of registration. The fees are:

	Age	Registration
NetSetGo! Mini Magpie	5 years – 7 years	\$100.00
Junior	8 years – 15 years	\$150.00
Cadet	16 years – 17 years	\$200.00
Senior/Open	18 years+	\$200.00
Non-player (Coaches)		All costs covered by FDAS
Netball clinics		\$TBA when clinics are organised

Registration fee **includes** \$20.00 umpire fee for players competing in the Modified, Junior, Cadet and Senior grades. If a player is playing up a grade (ie “Junior” 15 year old playing in Cadets for the whole season) the registration fees applicable are for the higher age group.

UNIFORM

MINI MAGPIES: NetSetGo! T-shirts are provided by Netball Australia as part of your registration and will be posted to the registered NetSetGo! players directly by Netball Australia.

Our Netball uniform is to be worn as follows:

COMPULSORY

DRESS: The FDAS A-line royal blue, red and white dress is \$50.00 and is **additional** to the registration fee. **Please note the dress must be worn to take the court.**



OPTIONAL

- SOCKS:** Plain white ankle socks (not stocked by Club)
- BRIEFS:** Royal blue or black boyleg briefs (not stocked by Club)
- SUN VISOR:** Red (purchased through link on FDAS website)
- RUGBY TOP** Royal blue, red and white (purchased through link on FDAS website)
- CAP** Royal blue, red and white (purchased through link on FDAS website)
- UMPIRE SHIRTS:** White with royal blue (free to badged FDAS umpires)

General Uniform Information

Uniform items will be available for pick-up on the FDAS Gala Day (date to be advised by Club). Uniform items are available for purchase only through the FDAS Club. Contact the Uniform Coordinator on fdasuniform@gmail.com or visit the website www.fivedockallsaints.org.au.

CANCELLATION OF GAMES

Games cancelled due to inclement weather will be confirmed by the Association to the Club's Secretary around 7:30am on the day of play for morning games, and midday for afternoon games. The Association will also place a notice on its website and Facebook page regarding cancellation of games.

FDAS will also place a notice on its Club website as well as the FDAS Facebook page. The team coach/manager will then contact their team advising of any cancellations. Each team is encouraged to develop their own call procedure (ie one player calls the next player on the team list, who then places the call to the next player and so on).

IN THE EVENT OF INJURY

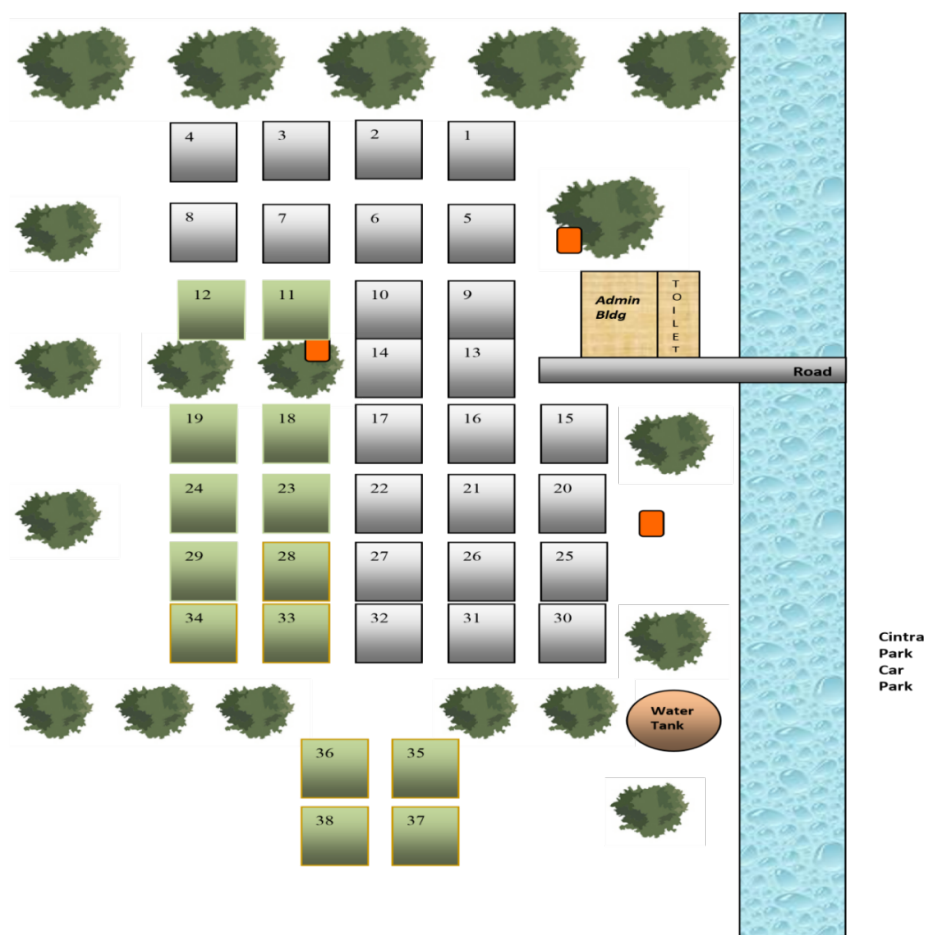
The Association physiotherapist is on duty every Saturday in the room in the mid-section of the Administration Building. The physiotherapist will offer first aid and give instructions as necessary.

All registered members are insured. Please contact Club Registrar/Secretary if the injury requires further medical attention and for details of the policy of insurance.

TRAINING

Most of our Club's teams train on a Wednesday night between 4.30pm and 8.30pm. Times are dependent on your coach's availability. FDAS trains at Cintra Park Netball Courts, Crane Street Concord. Some junior (8 years to 12 years) teams train at St Marks or All Hallows depending upon the team composition.

IWSNA COURT PLAN



COACHES & MANAGERS INFORMATION

COACHES

Each team (except Cadet and Senior Teams) must have a coach.

All coaches over the age of 18 and coaching teams under the age of 18 years and the NetSetGo! Mini Magpie helpers must complete a **Child Protection Form**. Coaches are to comply with all FDAS Club policies, legislated policies and relevant Netball NSW policies that the Club has adopted.

PLAY SAFE. PLAY WELL. AND, MOST IMPORTANTLY, HAVE FUN!

REMINDER:

FINES ISSUED BY INNER WESTERN SUBURBS NETBALL ASSOCIATION ARE NOT PAID BY THE CLUB. FINES WILL BE PASSED TO THE OFFENDING TEAM FOR PAYMENT.



THE ROLE OF THE COACH

- ❖ All coaches must complete the **Community Coaching General Principles** online course (free).
- ❖ All new coaches are to attend the Association's Beginners' Coaching Course when announced by the Association.
- ❖ NetSetGo! Mini Magpie coaches are to attend the Association's NetSetGo! Coaches evening when announced by the Association. **NOTE** for new NetSetGo! Coaches: not compulsory, but there is a free online course called "Getting to Know NetSetGo! Education Course" available. See page 10
- ❖ Compulsory after two years of coaching, to attain Foundation Coaching Course Certificate (our Club sponsors its coaches to complete the course). See page 10
- ❖ Train the team on the day, time and venue at the coach's discretion.
- ❖ The coach shall keep up to date with any new rules, techniques, drills, training equipment and opportunities for the development of the players in their charge.
- ❖ The coach shall plan a training program for the team that is appropriate to the grade and capabilities of the team so no time is wasted.
- ❖ Coaches should follow a session plan/training but be aware that it may not always go according to plan but at least the coach has an idea of game play drills that can be achieved.
- ❖ In consultation with the manager, decides whether training is rescheduled or cancelled.
- ❖ Selects the player positions for each game and may consult with the manager.
- ❖ Coach and manager must ensure each player is wearing the correct Club uniform before they take the court.
- ❖ Coaches, unless there are injured players that cannot compete or are away on holidays, may not take a player from another team when there is a reserve on hand in your team.
- ❖ Training during the school holidays is at the discretion of the coach.
- ❖ Players participating in the 8 years modified netball must rotate each position throughout the entire season.
- ❖ Be responsible for the team sports bag and first aid kit.
- ❖ The coach is to nominate the Captain and, if applicable, Vice-Captain of the team.
- ❖ Coaches are encouraged, where possible, to attire themselves in the Club's shirt.
- ❖ The coach shall at all times represent the Club in a dignified and sportsmanlike manner.
- ❖ The coach shall respect the players in their charge at all times.
- ❖ All coaches will abide by the "Code of Conduct for Coaches".
- ❖ Please refer to page 9 for Coach Code of Conduct.

COACH CODE OF CONDUCT

In addition to Netball NSW's General Code of Behaviour, you must meet the following requirements in regard to your conduct during any activity held by or under the auspices of Netball NSW or a District Association, in your role as a coach.

- ❖ Operate within the rules and spirit of netball, promoting fair play over winning at any cost.
- ❖ Encourage and support opportunities for people to learn appropriate behaviours and skills.
- ❖ Support opportunities for participation in all aspects of the sport.
- ❖ Treat each person as an individual.
- ❖ Display control and courtesy to all involved with the sport
- ❖ Respect the rights and worth of every person regardless of their gender, ability, cultural background or religion.
- ❖ Respect the decisions of umpires, officials, coaches and administrators in the conduct of the sport.
- ❖ Wherever practical, avoid unaccompanied and unobserved one-on-one activity (when in a supervisory capacity or where a power imbalance will exist) with people under the age of 18 years.
- ❖ Act with integrity and objectivity, and accept responsibility for your decisions and actions.
- ❖ Ensure your decisions and actions contribute to a safe environment.
- ❖ Ensure your decisions and actions contribute to a harassment free environment.
- ❖ Do not tolerate harmful or abusive behaviours.
- ❖ Place the safety and welfare of the athletes above all else.
- ❖ Help each person (athlete, umpire, etc) reach their potential - respect the talent, developmental stage and goals of each person and compliment and encourage with positive and supportive feedback.
- ❖ Any physical contact with a person should be appropriate to the situation and necessary for the person's skill development.
- ❖ Be honest and do not allow your qualifications to be misrepresented.

FDAS / COACHES POLICY

Coaches under the age of 18 years must be supported by an adult manager or adult assistant coach. The assistant coach is to be present on game days and training sessions.

To give our coaches the technical skills to competently and safely coach our teams, where ever possible the Club will provide courses to our coaches whether these are run by FDAS or the Association.

The role of the coach is important and it is imperative that the coach have the necessary skills and technical ability to coach and guide the team. Below are links to online coaching courses provided by Netball NSW. (Refer (A) and (B) below)

Also visit the Inner West Association website for coaching material, as well as download the Coaches/Managers Books found in the Coaches Menu <http://innerwestna.nsw.netball.com.au/>.

NetSetGo! Mini Magpie and Modified Coaches Information Night (organized by IWSNA)

An information night may be held before the winter competition season starts in the Administration building at Cintra Park. It is extremely important for all Mini Magpie and Netta/Modified coaches to attend. There will be paper hand-outs given to the coaches.

Alternatively, there is a **free online course "Getting to Know NetSetGo! Education Centre"** that can be accessed via the MyNetball website. It can be done at any time, there is no exam at the end and takes about 30 minutes. Below is the link to Netball NSW, scroll down to the bottom and click on the MyNetball link. Log in if you already have a sign on or register as new and search amongst the free online courses.

Netball NSW Website: <http://nsw.netball.com.au/coaching/beginners-guide-coaching-netball/>

“Rules of Netball Theory Examination” (formerly known as “Section 1 Umpire Theory Examination”) – Highly Recommended for Coaches

The umpire theory examination can be done at any time online (pass 70%). The Completion certificate is to be handed to the Umpire Coordinator.

To complete the umpire exam please go to <http://my.netball.com.au/default.aspx?save=0&entityid=38925> and click on the Get Started button under Your Netball (See also page 13 of his handbook for more information).

(A) Beginning Coaching General Principle Courses – Compulsory

➤ Beginning Coaching General Principles (Online course)

As a minimum, all FDAS coaches are to complete the “*Beginning Coaching General Principles*” course provided FREE OF CHARGE from the Australian Sports Commission. It is an easy online course that can be done at any time of day in the comfort of your own home. There is no fail on this online course. Please print your certificate once you have successfully completed the course and hand it into the FDAS Development Officer.

http://www.ausport.gov.au/participating/coachofficial/generalprinciples/community_coaching_general_principles

(B) (i) Foundation & (ii) Development Coaching Courses - Optional

- ❖ (The Foundation Coaching Course (accredited) – 5 hours in-course work
- ❖ The Development Coaching Course (accredited) – 7 hours in-course work

These courses will be made available via the Inner Western Suburbs Netball Association. All FDAS coaches will be notified when these courses become available. The Club will meet the cost of the courses.

➤ Foundation Coaching Course (As player’s abilities and needs progress)

The online Foundation Coach Accreditation Course is targeted primarily at beginner coaches, teachers, parents and NetSetGo! coaches and outlines introductory coaching information and basic netball techniques.

The Course is the first step in the national coaching accreditation framework and is an important step along the knowledge pathway for a coach. There is no time limit on completing the course. You are able to learn in a self-paced environment in the comfort of your home and can log in and log out as required. Please note that this is a compulsory course that all coaches have to complete.

Coaches completing the online Foundation Coach Accreditation course are no longer required to complete the “Community Coach General Principles” course separately as that course has been fully integrated into this online course.

Enrolment Pre-requisites

- ❖ Participants must be at least 14 years of age on completion of the Foundation Course to be eligible for accreditation.
- ❖ All Foundation Coaching Course participants must be registered members of their local State/Territory Netball Association prior to accreditation being granted to ensure adequate insurance cover. All FDAS coaches are registered.

Enrolment Instructions

Below are the Enrolment Instructions to help you access the Course:

<http://netball.com.au/wp-content/uploads/2014/12/MyNetball-Learning-Enrolment-Instructions.pdf>

➤ Development Coaching Course (As player’s abilities and needs progress)

This course is designed to enhance the knowledge of coaches who are coaching at Club, Association and Regional level. It is an accredited course under the Netball Australia Coaching Accreditation Scheme and provides training to the large numbers of coaches who are actively involved in netball. Completion of this course will also result in Development Coaching Accreditation with the National Coaching Accreditation Scheme (NCAS) as administered by the Australian Sports Commission (ASC).

Enrolment Pre-requisites

- ❖ Participants must be at least 15 years of age on completion of the Development Course to be eligible for accreditation.
- ❖ All Development Coaching Course participants must be registered members of their local State/Territory Netball Association prior to accreditation being granted to ensure adequate insurance cover. All FDAS coaches are registered.

Course Pre-requisites

Participants must have completed the following prerequisites:

- ❖ Completion of the Netball Australia Foundation Coaching Course (online)
- ❖ Rules of Netball Theory Examination (formerly Section 1 Umpire Theory Examination) with a pass of 70% or above (online)
- ❖ Coaches must have had at least one year/season coaching experience after completion of the Netball Australia Foundation Coaching Course.

MANAGERS

Each team must have a manager.

All managers, over the age of 18, managing teams under the age of 18 years must complete a **Child Protection Form and an FDAS Senior Registration Form**. Managers are to comply with all FDAS Club policies, legislated policies, relevant Netball NSW policies that the Club has adopted. The manager assists the coach throughout the season and does the administration work.

PLAY SAFE. PLAY WELL. AND MOST IMPORTANTLY HAVE FUN !

REMINDER:

FINES ISSUED BY INNER WESTERN SUBURBS NETBALL ASSOCIATION ARE NOT PAID BY THE CLUB. FINES WILL BE PASSED TO THE OFFENDING TEAM



THE ROLE OF THE MANAGER

- ❖ Prepare and distribute a team contact list to all members of the team.
- ❖ Distribute to the team messages, notices and communications from FDAS Club.
- ❖ Distribute reminders to the team members when they are rostered on to do certain jobs ie umpire duty, canteen duty and BBQ duty.
- ❖ If notified by the coach, inform the team if training is rescheduled or cancelled.
- ❖ If notified by the Club, inform the team that the competition game is cancelled (due to wet weather or forfeit).
- ❖ On game days, sight the opposing team's registration ID cards and complete the game score sheet. Failure to do so will result in a fine which is not paid for by the Club.
- ❖ The manager is required to arrange the team's umpire roster.
- ❖ Ensure that the team members register themselves for umpire duty ie sign in at the Umpire's Window.
- ❖ If you are not the official scorer, keep your own record of the team's results.
- ❖ Managers must ensure each player is wearing the Club uniform before they take the court.
- ❖ Keep a spare stop watch, or use your phone, for injury time (if necessary).
- ❖ Sign and return the IWSNA Score sheet to the Administration building.
- ❖ Assist the coach when required.

THINGS NOT TO FORGET – COACHES AND MANAGERS

- ❖ You can access coaching information and stat sheets from our website.
- ❖ There is also a link to the “Elastoplast” website for videos on taping procedures – under “*Basic Taping Techniques*” and “*Taping Techniques - Taping Preparation & Removal*”.
- ❖ Click on the Coaching/Umpiring Menu from the Main Menu.
- ❖ Scroll down the page and find: [Click to go to Coaching/Umpiring Downloads.](#)
- ❖ The Club also has a Resource Box that can be borrowed over a 2-week period – details are also on the front page of the Club’s website.

FDAS UMPIRE POLICY

At IWSNA, the umpire allocation policy for each registered club during the round competition weeks is to “umpire your own” unless otherwise specified by the Association. This means FDAS is to train, support and provide competent umpires to meet the needs of registered teams for the Club. Allocation of umpires is done by the Club Umpire Convenor(s).

UMPIRE PATHWAYS AT FDAS AND BEYOND

IWSNA have a compulsory umpire policy that applies to players competing in the 12 years age group to learn and practice umpiring in that year of competition. It is the responsibility of the team Manager to arrange an umpire roster for their team and then communicate with the FDAS Umpire Convenor(s).

Umpire development and progression is dependent on the availability of qualified and accredited Umpire Coaches. FDAS members who wish to continue their umpire development journey are encouraged to attend both theory and practical courses by the Club, IWSNA and Netball NSW and to directly contact the Club Umpire Convenor(s) with their interest.

It is important to note that such courses run by the Club and mentoring for beginner umpires progressing towards their umpire assessments are completely dependent on the availability of the Club Umpire Convenor(s) and Umpire Coaches. The Club Convenor(s) ultimately determine the eligibility of an umpire candidate for assessment and will communicate with the Association if and when needed.

The badging system at IWSNA is as follows:



To successfully achieve a Club Badge, the applicant must need to have:

1. Been awarded 70% or higher in the Rules of Netball Theory Examination online
2. Passed a practical assessment (umpiring an appropriate level competition game of netball) by the FDAS Umpire Assessors

To successfully achieve an Association Badge, the applicant must need to have:

1. Been awarded 70% or higher in the Rules of Netball Theory Examination online
2. Passed a practical assessment (umpired a division 1 or equivalent level netball game) by the IWSNA Umpire Assessors

A copy of the Umpire's Rules of Netball Theory Examination certificate is to be provided to the Clubs Umpire Convenor(s). It is highly encouraged that umpires striving towards National Accreditation attend a MINIMUM of ONE representative carnival during their candidature.

All umpires must sign in 15 minutes prior to the start of the game at the Administration Block Umpires Window. Failure to supply an umpire will result in **competition points being deducted to the FDAS team that is playing, plus a fine.**

District badged umpires are encouraged to pursue National Badge accreditation. The Clubs Umpire Convenor(s), Club Umpire Coaches and Association Umpire representatives are sources of support, knowledge

and guidance to achieve the next level in umpiring. Below is a brief outline of the Netball Australia Pathway for Umpires:

PRE-REQUISITES	PATHWAYS	ASSESSMENT		ACCREDITATION
		Theory Examination Pass Mark	Practical Test	
Foundation Umpire Online Course (integrated with Community Officiating General Principles)	Participating in Rules Discussion workshops	70-79%	Local Game (Ladies, Mens or Mixed) (4 x 10, 12 or 15 minute quarter game)	C Badge
	Coaching/Mentoring			
	Practice Umpiring at appropriate level	80-89%	Local Game (Ladies, Mens or Mixed) (4 X 15 minute quarters)	B Badge
Elite Umpire Course (includes Advanced Level Officiating General Principles)	Attend Umpire Development Programs	90-100%	State League Game of a suitable standard (4 X 15 minute quarters)	A Badge
	Self-Reflection			
	Individual Development	90-100%	1 x SSN match or 2 x ANL matches (4 x 15 minute quarters)	AA Badge
	Community Officiating General Principles course (available online)			
	Advanced Level Officiating General Principles	N/A	Highest Level of Competition in the Country with International Experience	International Umpire Award (IUA)

Click on this link for further information, including Netball Australia High Performance Umpire Pathway:

<http://nsw.netball.com.au/national-umpire-development-framework-2017/>

<https://netball.com.au/get-involved/umpiring/resources/national-umpire-development-framework/>

UMPIRE'S CODE OF CONDUCT

- ❖ Umpires shall at all times represent the Club with dignity and sportsmanlike behaviour.
- ❖ Umpires are required to provide their own equipment for officiating at matches.
- ❖ Umpires shall at all times present themselves punctually for matches.
- ❖ Umpires shall continue to keep up to date with rule changes and interpretations as directed by Netball Australia.
- ❖ Umpires shall ensure their umpire credentials are maintained as required by Netball Australia.
- ❖ Umpires shall remain detached and neutral from team issues and sideline issues when officiating at matches.
- ❖ All Umpires will abide by the "Umpires" policy.
- ❖ Umpires must attend umpires' clinics conducted by the Club and/or the Association.
- ❖ As a prerequisite to assessment by the Association, umpires must attend at least one, preferably two, junior representative carnivals to umpire at the games.

FDAS CLUB POLICIES

Our Club has adopted all the relevant legislated policies required by Netball NSW and the Inner Western Suburbs Netball Association including:

- ❖ Child Protection & Intervention Policy
- ❖ Anti-Harassment Policy
- ❖ Environment, Health, Safety Policy
- ❖ Netball NSW Pregnancy Policy

FDAS has adopted the following codes, including:

- ❖ Code of Conduct for Players
- ❖ Code of Conduct for Parents
- ❖ Code of Conduct for Spectators
- ❖ Code of Conduct for Coaches (See page 9)
- ❖ Code of Ethics for Administrators

The above policies can be viewed by visiting the below websites for full and up-to-date versions:

Five Dock All Saints Netball Club	www.fivedockallsaints.org.au
Netball NSW website	http://nsw.netball.com.au/
Netball Australia	http://netball.com.au/
Inner Western Suburbs Netball Association	http://innerwestna.nsw.netball.com.au/

Below are extracts of the above policies

IWSNA/NETBALL NSW POLICIES

➤ **Following are extracts of policy statements that apply directly to you from the Association:**

As part of your affiliation with IWSNA all Clubs/Members are expected to comply with these policies and procedures and it is an expectation that all members throughout the Association will play a vital role in supporting their development and implementation.

The Association is ever aware and continually seeking to adopt legislative Netball NSW and all Australian Netball requirements and best practice standards in its business practices.

For full details of the following policies please see your Club Secretary or visit the website:

www.fivedockallsaints.org.au. If you have any concerns please contact and discuss directly with IWSNA Secretary.

➤ **Following are policy statements from the IWSNA by-Laws regarding Club Duty Rosters and Umpiring**

Clubs failing to attend on time and/or complete their rostered duties will be fined \$50.00 per occurrence. This includes Canteen duties, control duties and other duties as may be set by the Association from time to time. Failure to attend any rostered duty during the final series, including umpiring duties, shall incur a fine of \$100.00.

Any senior team failing to fulfil rostered umpiring duties will be fined \$50.00 per umpire and will lose two points (from the team that is playing the game).

Any junior team failing to fulfil rostered umpiring duties will be fined \$10.00 per umpire and will lose two competition points.

When a Club is required to provide umpires at any game, it is that Club's responsibility to ensure that such umpires are capable of controlling the game. Penalties apply if umpires are not provided.

All umpires are to wear either white, registered club playing uniform, tracksuit or approved shorts.

FDAS CODE OF CONDUCT

Five Dock All Saints encourages all participants – coaches, players, officials, parents and spectators – to enjoy the game of netball.

The majority of people involved in this sport, whether at Club level or Association level, are all volunteers and as such errors may occur so please be understanding and co-operative as it is not the end of the world when an error occurs.

The Club will take firm action against any unacceptable behaviour. Netball is predominately played for enjoyment and poor behaviour takes away that enjoyment from those who are involved.

FDAS aims to improve:

- ❖ The environment of all participants
- ❖ The quality and standard of all coaches, players and umpires through courses provide by the Club or Association or online via Netball NSW and/or Netball Australia.

Please find available on the FDAS website Code of Conduct policies for:

* Spectators * Coaches/Managers * Players * Parents/Carers * Umpires

SPECTATORS

SPECTATOR CODE OF BEHAVIOUR

In addition to Netball NSW's General Code of Behaviour, you must meet the following requirements with regard to your conduct during any activity held by or under the auspices of Netball NSW or a District Association, in your role as a spectator.

- ❖ Most players (in particular children) participate in netball activities for fun. They are not participating for entertainment of spectators only.
- ❖ Applaud good performance and efforts by all individuals and teams. When watching a game congratulate all participants on their performance regardless of the game's outcome.
- ❖ Respect the umpires' and coaches' decisions. If there is a disagreement, follow the appropriate procedure in order to question the decision and teach young people to do likewise.
- ❖ Never ridicule or scold a young player for making a mistake during a competition. Positive comments are motivational.
- ❖ Show respect for your team's coach, the umpire and opponents. Without them there would be no game.
- ❖ Condemn the use of violence in any form, be it by coaches, players, umpires, administrators or other parents/guardians.
- ❖ Encourage players to play according to the rules and official decisions, and develop your own knowledge of the rules.
- ❖ Demonstrate appropriate social behaviour by refraining from using foul language and harassing administrators, coaches, players or umpires.
- ❖ Support the use of age appropriate development activities and modified rules.
- ❖ Do not interfere with the progress and/or conduct of a game.

PLAYERS

JUNIOR PLAYER CODE OF BEHAVIOUR

In addition to Netball NSW's General Code of Behaviour, you must meet the following requirements with regard to your conduct during any activity held by or under the auspices of Netball NSW or a District Association, in your role as a player.

- ❖ Participate because you enjoy it, not just to please parents and coaches.
- ❖ Play by the rules – know the rules.
- ❖ Participate fairly and safely.

- ❖ Abide by decisions, without argument or bad temper.
 - Captains have the right to approach an umpire during an interval or after the game for clarification of any rule.
 - Approach the umpire in a courteous and polite way.
- ❖ Cooperate with your coach, and other players.
 - Verbal abuse of officials or other players, deliberately fouling or provoking an opponent and throwing/damaging equipment is not acceptable or permitted.
 - Treat all players as you would like to be treated.
 - Ensure that at all times your behaviour is fair.
 - Be a patient and enthusiastic supporter of fellow players.
- ❖ Applaud all good play, by your own team and opponents.
- ❖ Be a responsible team member.
 - Always be on time.
 - Encourage and assist all players.
 - Attend all training sessions.
 - Ensure you always bring the appropriate uniform and equipment to training and/or matches.
- ❖ Do not engage in practices that affect sporting performance.
- ❖ Respect and acknowledge the contribution of those who create the opportunity for you to play.
 - Volunteers (scorers, coaches, timekeepers, administrators and umpires).

SENIOR PLAYER CODE OF BEHAVIOUR

In addition to Netball NSW's General Code of Behaviour, you must meet the following requirements with regard to your conduct during any activity held by or under the auspices of Netball NSW or a District Association, in your role as a player.

- ❖ Respect the rights, dignity and worth of fellow players, coaches, officials and spectators.
- ❖ Refrain from conduct which could be regarded as sexual or other harassment.
- ❖ Respect the talent, potential and development of fellow players and competitors.
- ❖ Care and respect the uniform and equipment provided to you.
- ❖ Conduct yourself in a responsible manner relating to language, temper and punctuality.
- ❖ Be frank and honest with your coach concerning illness and injury and your ability to train and play fully.
- ❖ Maintain a high standard of personal behaviour at all times.
- ❖ Abide by the rules and respect the decision of the umpires. Be courteous and use the correct process when seeking a rule clarification.
- ❖ Be honest in your attitude and preparation to training. Work equally hard for yourself and your team.
- ❖ Co-operate with coaches and staff in relation to programs that adequately prepare you for competition.
- ❖ Do not engage in practices that affect sporting performance.

FDAS / PLAYERS POLICY

- ❖ All players are required to attire themselves for games in the complete official playing uniform of the Club.
- ❖ All players are required to treat their team mates, coach, manager, officials and opponents with dignity and respect.
- ❖ Any misconduct by players (ie swearing, abusive behaviour, umpires, etc) will not be tolerated by the Club.
- ❖ All players in the intermediate grades and in the last years of the junior grades are encouraged to undertake and pass the online Umpire Theory Examination.
- ❖ Players are to be aware that netball is a team sport and to treat team mates and opposition players respectfully.
- ❖ All players are to abide by the "Code of Conduct for Players" policy.

PARENTS/GUARDIANS/CARERS

PARENT / GUARDIAN CODE OF BEHAVIOUR

In addition to Netball NSW's General Code of Behaviour, you must meet the following requirements with regard to your conduct during any activity held by or under the auspices of Netball NSW or a District Association, in your role as a parent/guardian.

- ❖ If your child is interested, encourage them to participate in the appropriate netball activity. However, if your child is not willing to participate, do not force him or her. Remember, children are involved in organised activity for their enjoyment, not yours.
- ❖ Focus upon your child's efforts and performance rather than the overall outcome of the event. This assists your child in setting realistic goals related to his/her ability by reducing the emphasis on winning.
- ❖ Teach your child that an honest effort is as important as victory, so that the result of each game is accepted without undue disappointment.
- ❖ Encourage your child to always play according to the rules.
- ❖ Never ridicule or yell at a child for making a mistake or losing a game.
- ❖ Remember that children learn best from example. Applaud good play by all players.
- ❖ If you disagree with an umpire or coach raise the issue through the appropriate channels rather than question their judgement and honesty in public.
- ❖ Support all efforts to remove verbal and physical abuse.
- ❖ Recognise and respect the value and importance of volunteer administrators, coaches and umpires. They give up their time and resources to provide recreational activities for players and deserve your support.
- ❖ Be a model of good sports behaviour for children to copy.
- ❖ Be courteous in communication with administrators, coaches, players and umpires. Teach children to do likewise.
- ❖ Support the use of age appropriate development activities and modified rules.
- ❖ Do not interfere with the progress and/or conduct of a game.
- ❖ Acknowledge that a breach of this Code of Behaviour may result in disciplinary action concerning your child. This may include expulsion from game(s), suspension or termination of membership.

CHILD PROTECTION & INTERVENTION POLICY – POLICY STATEMENT

Netball NSW is committed to ensuring that the safety, welfare and wellbeing of children are maintained at all times during their participation in activities run by Netball NSW and its member bodies.

Netball NSW aims to promote a safe environment for all children and to assist all staff, officials, coaches, members and volunteers to recognise child abuse and neglect and follow the appropriate notification procedures when reporting alleged abuse.

The focus of the policy and guidelines is the prevention of child abuse in the sporting environment

This policy and guidelines promote the care and protection of children participating in Netball NSW and provide information and direction for employees, officials, coaches, volunteers and members of the organisation.

ANTI-HARASSMENT POLICY – POLICY STATEMENT

The Netball NSW is committed to providing a sport and work environment free of harassment.

Anyone who works for or represents Netball NSW, and everyone with whom Netball NSW deals, has the right to be treated with respect and dignity.

Netball NSW will not tolerate harassment in the organisation or anyone associated with it

Netball NSW will take all complaints confidentially and shall discreetly investigate such complaint. Disciplinary action can be taken against a person who is found in breach of this policy.

ENVIRONMENT, HEALTH & SAFETY – POLICY STATEMENT

Netball NSW is committed to the Environmental Health and Safety of all members of the Association, all affiliated members of the Netball NSW, and those visiting the Associations

Netball NSW will actively support and maintain high standards of Environmental Health and Safety whilst recognising our operation constraints.

We will continue in our endeavours to be national leaders in providing an environment that is safe and without risk to health.

All Netball NSW personnel, contractors, agents and affiliates are hereby given notice that no process in any of our daily operation is more important than providing an environment that is safe and healthy for all.

You are empowered and obliged to seek out a solution or report any situation that may pose a threat to the Policy.

You shall not hinder nor interfere with any person or process that has been provided in the interests of the environment, life safety or for health reasons.

Whilst compliance with the applicable Legislation & Standards are recognised as the minimum standard we will pursue the avenues of continuous improvement and risk minimisation in environmental, health and safety practices across all areas of Netball NSW operations. We promote to all of our vested associates the importance we place on this policy.

CHILD PROTECTION, ANTI-HARASSMENT POLICY, CODE OF CONDUCT

Our Club complies with the Child Protection, Anti-Harassment and Code of Conduct policies as set out by the NSW Netball Association and the Association. Visit the website www.fivedockallsaints.org.au and follow the relevant links.

Do not interfere with the progress and/or conduct of the game unless called to do so by another official. Abide by the officials' decisions.

NETBALL NSW PREGNANCY POLICY

Netball is a contact and collision sport and is not recommended for pregnant athletes. All persons participating in Netball should seek medical and legal advice on this issue.

Further information is available from the Australian Sports Commission and Sport Medicine Australia.

FDAS – CLUB SPECIFIC POLICY

TEAMS

The Executive can exercise discretion to re-grade year on year on a case by case basis as specified in the grading policy section.

Junior teams are to be made up of a maximum of 9 players, but the final number of players in a team is at the discretion of the Executive Committee.

If a team has more than 9 players and another team in that same age division has a deficient number of players, the FDAFS Executive may exercise its absolute discretion in the final make-up of the team. The Executive's decision will be final.

The Club will only grade players competing in the 10 years' competition when there is more than one team in the same age division. Any team registering in 11 years as a complete team may be "paper graded" by the Club or regraded as per grading policy.

Before registering, please consider if you will be available to play for the whole season. All registration fees, once paid, are non-refundable (except where a team cannot be formed due to insufficient players ie less than 7 players).

GRADING

FDAS's policy on grading is consistent with the Association's policy. Our club grades our 10 years teams to ensure players are playing within teams and against teams of similar skill. We support grading as we believe if players have a good fit within teams this will lead to greater confidence and more participation individually. The 10 years competition is played across graded divisions, with full netball rules and the top three or four teams in each division participate in finals at the end of the season.

WHEN DID THE CLUB INTRODUCE GRADING?

The Club historically graded from 12 years but it became increasingly apparent that our girls were being out played by other teams from the other clubs that graded their 10 years' players.

After much deliberation, and to also stay in touch with the other clubs, it was agreed that our Club would also commence grading from 10 years in order to give our girls a fairer competition. Grading from 10 years commenced in 2009.

WHY DO WE GRADE?

"Netball" is a graded and competitive sport from the age of 10 years with representative opportunities.

The reason we grade our 10 years is to ensure that all players of all varying abilities get to play with, and against, players of similar skill level. It is important to keep in mind that our teams are playing against highly competitive and well skilled opponents, these teams have all gone through the grading process at their own clubs.

Stronger players always enjoy the challenge of harder, faster competition – they do not develop to their potential if graded to a lower team just to be kept with a friend. Similarly, players who are placed in teams above their ability will also not develop to their potential when being constantly overshadowed by more talented players around them.

In this environment these players may become disheartened and lose self-esteem. By grading players this helps to produce a fairer level of competition, a better fit within a team, more individual confidence and a more constructive learning experience.

The FDAS Executive will invite players who are interested from the 9 years teams to register and trial for a place in our Division 1 team for the subsequent Winter season. Those players and/or teams who wish to remain together are not required to attend the grading session. Whilst we will attempt to keep players together from current teams there will, of course, need to be some reorganisation due to some players leaving teams to form our Division 1 team. Final teams are at the absolute discretion of FDAS and there will be no refunds given for dissatisfaction with team placements.

It may become apparent that players may need to be re-graded. The club re-grades players as a case by case basis. Re-grading could take place for players older than 10 years. It is certainly not meant to offend any players or parents. It is not a personal judgment of any child or family. Although winning is part of being competitive, it is not the sole objective, but neither is losing each week by an uncompetitive margin.

GRADING PERSONNEL

Our grading team is made up of a mix of experienced coaches/players within our Club and/or qualified as per Netball NSW Selectors course certification. They bring their knowledge and impartiality when assessing the skills of our players. From time to time the Club will invite independent graders from other clubs or associations to assist with the grading process.

Where a conflict of interest exists (for example, the grading session involving a child of the grader/s) that member shall stand down for that particular grading session.

During this time, we do ask the girls what positions they enjoy playing but also consult with the coaches to nominate at least two positions they feel are the player's strongest positions – this is not to disadvantage but to provide opportunity. Towards the end of the season we ask the coaches for an evaluation of their players in areas such as skills, attendance at training and games, teamwork and attitude. All such reports remain confidential and are viewed only by the Grading Personnel and the Club's Executives.

In assessing the skills of a player the Grading Personnel will take into account:

- ❖ Footwork
- ❖ Speed & Agility
- ❖ Ball handling skills
- ❖ Attacking skills
- ❖ Defending skills
- ❖ Perception/cognition skills
- ❖ Sportsmanship & Attitude

Grading may include a number of activities including various netball training drills but will always include a session of actual on-court play. Players will be formed into teams and trial in up to two positions that they have nominated or were nominated by their coach.

Players unable to attend the practical grading session will need to notify the Grading Personnel prior to the grading day. Placement into a team for this player may be based upon Paper Grading taking into account the Coach's evaluation report.

A failure to attend grading may lead to dissatisfaction to the players. All players are strongly encouraged to attend the practical grading as paper grading may result in disappointment.

On occasions, the Grading Personnel may recommend an entire team be nominated for a competition of a higher age group to ensure they are provided with an appropriate level of competition. Such nominations will be made only after consultation with that team's Coach.

At a coach's request the Grading Committee will also assess a player (or players) for allocation to the appropriately skilled team in the future.

AIM

Parents and players are encouraged to enjoy the experience of meeting new friends and playing partners where team changes occur. The support of parents is greatly encouraged for this to occur smoothly. In most case, there is not a great deal of change to the team make-up.

We agree that all our Club members are excellent netballers and we are proud to have them as representatives of our Club. We understand that each player strives to be better and would like some recognition of that effort and achievement.

Please be proud of the team and give it your all when you are at training and playing a game. Look forward to making new friendships. For parents, please be objective and reasonable and make sure your child feels happy and excited about playing netball. Please be aware that we want your child to be successful and that it's not about being in Division 1 or Division 4, it's about being in a team sport, having fun and learning as much as you can, but also being able to be competitive at a similar skill level.

SPONSORSHIP, FUNDRAISING & COMMUNITY GRANTS

GALA DAYS & BBQ'S

- ❖ During the year FDAS holds a Gala Day pre-season. This is an opportunity to raise funds to support the Club in the form of equipment.
- ❖ We also hold a BBQ and Cake Stall during the Winter Season on 1-2 Saturdays.
- ❖ All funds go back to the Club.
- ❖ Please support these events when they are scheduled – it all helps.
- ❖

CORPORATE SUPPORT

- ❖ Sponsor participation is an important part of our Club and our social and competitive calendar. You have the opportunity to promote your business to more than 300 registered FDAS members and their families/supporters (**up to 3500 people**) at Cintra Park from other teams/clubs – **on a weekly basis**.
- ❖ There are a number of tailored sponsorship options available pending your interest level and requirements, as well as many potential benefits to your company/business.

COMMUNITY GRANTS

- ❖ FDAS would like to thank Canada Bay Club and City of Canada Bay Council for their continued support

Canada Bay Club
4 William Street
FIVE DOCK NSW 2046

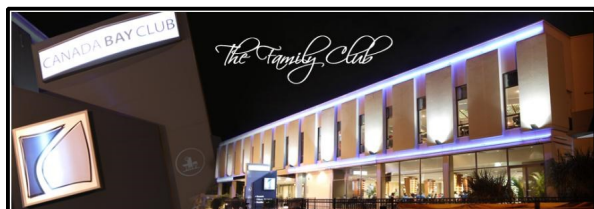
Phone: 02 9713 4322
Website: www.canadabayclub.com.au

Web Host

- ❖ FDAS would like to also thank HostZone for their continued support with our club's website

Oz4Host
HostZone Internet Services
8/247A Burwood Road
CONCORD NSW 2137

Phone: 0402 101 444
Website: www.hostzone.net.au



DISCLAIMER

This handbook is a product of Five Dock All Saints Netball Club Inc.

The contents in this handbook are based on or derived from information that is generally available from public sources. The information has been provided solely for your own internal use and information purposes.

All information contained in this handbook was current at time of player registration. Although the information contained in the handbook is believed to be reliable, it may be abbreviated or condensed. For up-to-date information with regards to Inner Western Suburbs Netball Association Rules/Policies, Netball NSW Rules/Policies and Netball Australia Rules/Policies please visit their websites as their policies and rules are subject to change without any notice. We will endeavour to communicate these changes to our members either via an email, and/or newsletter, and/or club website, and/or club Facebook page. We encourage our members to visit these websites regularly to keep up to date with any changes.

By registering with our Club you agree to be bound by our club policies and rules.