



## Five Dock All Saints Netball Club

Email: [fdallsaints@optusnet.com.au](mailto:fdallsaints@optusnet.com.au)  
Website: [www.fivedockallsaints.org.au](http://www.fivedockallsaints.org.au)



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**CANADA BAY CLUB**  
[www.canadabayclub.com.au](http://www.canadabayclub.com.au)

Established: **2005**  
Issue: **April 2013**

### President's Message

#### MARCH PAST THIS SATURDAY 6/4/2013

##### For Round 1 ONLY:

8.30am games will be played at 8.00am

9.30am games will be played at 9.00am

March Past Parade will take place at 10.00am

Thereafter, games played at usual times

The March Past is the Ceremonial opening of the season. The Association awards 1st, 2<sup>nd</sup> and 3<sup>rd</sup> to the best presented clubs so we need as many of the teams as possible to attend the March Past. The club expects that all teams where possible participate to show club sportsmanship & spirit. Hopefully we will win this year.

For those teams playing at later times please be at Cintra at 9.45 ready for the March Past.  
Cheers Darryl



**Our Club BBQ and Cake Stall at Cintra  
will be held August 3**

#### UPCOMING DATES FOR YOUR DIARY 2013

Saturday	6 April	Round 1 – The Season Begins
Saturday	13 April	Round 2
Wednesday	17 April	Anne Sergeant Netball Clinic at Cintra Netball Courts
Saturday	20 April	<b>School Holiday – No Games</b>
Saturday	27 April	<b>School Holiday – No Games</b>
<b>Saturday</b>	<b>27 April</b>	<b>Jon Fletcher Coaching Clinic – Practical at Cintra Netball Courts – 8.45am to 12.00 Noon</b>
Saturday	4 May	Round 3
Saturday	11 May	Round 4
Saturday	3 August	FDAS BBQ at Cintra

### Secretary's Report

Dear Parents and Spectators

With the start of the Season upon us, we take this timely opportunity to remind all parents and spectators to show respect and common decency when watching netball. Applaud good play by your team and the opposing team. Respect the decision of the coach or umpire/umpire in training. They are doing the best job possible and without their support and valued contribution we would not be able to field the teams to participate in netball. The Association adopts an 'umpire your own games' approach therefore we are to supply umpires and umpires in training. The umpires in training wear a yellow fluorescent vest which says 'In Training'. It is a clearly visible statement that the umpire is in training and is being guided in this skill. Umpiring can be daunting for the most experienced, let alone for an umpire in training who is doing the best they can – bear in mind that they will be nervous and might even make an incorrect call, be sympathetic and tolerate – show maturity.

**Spectators please do not call out to the team or the umpires. Do not approach the team, umpire or umpire in training. The coach and manager are the only persons authorized to speak to the players and umpires.**

*Our club and the Association apply the Netball New South Wales, Spectator Code of Conduct. Spectators must not question, shout abuse or intimidate any player, umpire or umpire in training. We and the Association strictly apply the **Code of Conduct for the protection of children** and adopt a **zero tolerance** to any person who abuses a player, umpire or umpire in training. The Code is on our Club website and set out below.*

#### Netball NSW Spectator Code of Behaviour

In addition to Netball NSW's General Code of Behaviour, you must meet the following requirements with regard to your conduct during any activity held by or under the auspices of Netball NSW or a District/League Association, in your role as a spectator.

1. Remember that young people participate in sport for their enjoyment and benefit, not yours.
2. Applaud good performance and efforts by all individuals and teams. When watching a game congratulate all participants on their performance regardless of the game's outcome.
3. Respect the decisions of umpires and coaches.
4. Never ridicule or scold a young player for making a mistake. Positive comments are motivational.
5. Condemn the use of violence in any form, be it by coaches, players, umpires, administrators or other parents/guardians.
6. Show respect for your team's coach, the umpire and opponents. Without them there would be no game.
7. Encourage players to play according to the rules and official decisions, and develop your own knowledge of the rules.
8. Demonstrate appropriate social behaviour by refraining from using foul language and harassing administrators, coaches, players or umpires.
9. Support the use of age appropriate development activities and modified rules.
10. Do not interfere with the progress and/or conduct of a game.

**As parents and friends we ask that you show respect for the kids. If you are not able to be respectful and mature, you will be removed from the Park.**

Mark Petrucco

## Coaching Development

Our coaches have been very busy before the start of the season learning new skills, tips & drills to implement at training.

A number of our coaches have already completed The Beginning Coaching General Principles Online Course, for those yet to complete the link is below. Please email through your completed certificates for the club's records.

Website link

<https://learning.ausport.gov.au/jportal/default.aspx>

We've had 8 of our coaches attend the Foundation Course, 16 attend the Beginner's coaching course & 12 attend the 'Dare to Develop a Diamond Course'. Thank you to the club for sponsoring these courses so that they are free of charge to our coaches & especially thank you to our coaches for giving up their time to further develop their coaching skills.

64 of our player's participated in the Susan Pratley Clinic & were taken through drills by three very talented Swifts Netball players; Susan Pratley, Carla Dziwoki and Paige Hadley. Conditions were a little damp but that didn't dampen the spirits of our players who were great ambassadors for our club!

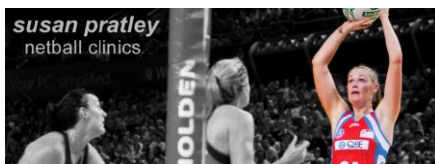
### Upcoming events for FDAS Coaches Compulsory Jon Fletcher Coaching for Coaches sessions.

**Theory:** **COMPLETED** Tuesday 2 April

**Practical:** Saturday 27 April  
8.45am – 12 noon  
Cintra Park Netball Courts

Jon is not only a wonderful motivational speaker but has over 20 years' experience in netball coaching & training. Jon's schedule is incredibly busy but Jon has worked with FDAS before and is keen to assist our club in developing our coaches for the future. We ask all our coaches & assistant coaches to mark in their calendars the above two dates. Please email [diggasplumbing@optusnet.com.au](mailto:diggasplumbing@optusnet.com.au) to confirm your attendance.

### Upcoming events for FDAS Players Susan Pratley Goal Shooting Clinic



Please register your interest if your daughter would be interested in attending this hour long clinic. The cost for the clinic is \$25 & includes personal instruction by Susan on correct shooting technique. The clinic would be strictly limited to no more than 15 participants.

Register interest at [diggasplumbing@optusnet.com.au](mailto:diggasplumbing@optusnet.com.au)

Regards, Rachel Digiglio & Monique Coleman

## Anne Sargeant Netball Clinic- April School Holidays

**Please note registration is directly with Anne Sargeant Clinics and NOT through Inner West OR Five Dock All Saints**

Date: 17th April  
Time: 9:00am – 3:00pm  
Venue: Cintra Park  
Ages: 7/8 to 14 year olds  
Cost: \$60.00 + \$5.00 processing fee (online registration)  
Extra Sibling: \$50.00 + \$5.00 processing fee (online registration)

ASNC are run by former Australian Netball Captain, Anne Sargeant.

### REGISTER ONLINE AT:

<https://www.cvent.com/events/17-april-2013-inner-western-suburbs-anne-sargeant-mission-foods-netball-clinic/registration-d15aace2fe474951a4b288be20fc1cfc.aspx>

**Contact ASNC: Phone 9974 4228**

Please email the Club at [fdallsaints@optusnet.com.au](mailto:fdallsaints@optusnet.com.au) to let us know if you are attending this clinic with names and ages.

Regards, Rachel Digiglio & Monique Coleman

### In the event of Wet Weather Cancellations

**Please view the website for updates including any cancellation of games due to wet weather**



### Umpiring Coaching – Representative Carnivals (11-15 years)

We are looking for umpires who would like to move up the badging pathways. One of the best ways to get coaching from nationally badged umpires is to attend Sunday Representative Carnivals where you get coached on high quality games and put what you are learning into practice. Transport can be provided for any interested umpires. Travel expenses are paid to all accepted umpires of \$50.00 PER DAY.

Sunday 14 April	Eastwood Ryde Carnival
Sunday 26 May	Baulkham Hills Carnival
Sunday 16 June	Campbelltown Carnival

RSVP to: [fdallsaints@optusnet.com.au](mailto:fdallsaints@optusnet.com.au) to nominate which carnival you would like to umpire at and if you will need transport there and back.

Regards, Mark Petrucco – Umpire Convenor

## Umpiring Corner



Well done to all our 12's & 13's that attended the **FDAS** umpire clinic – we hope you enjoyed yourselves



By now all the coaches and managers would have received notification of their team's grade and playing times. The fixture [is now available to view/download from the IWSNA website](#) in the "Competitions" menu [www.innerwest.netball.asn.au](http://www.innerwest.netball.asn.au)

Last year we had 31 teams playing, this year we have a thumping 37 teams! 28 of those 37 teams are playing between 8:30am to 10:30am which means the club has a very heavy demand for umpires and runners during these time slots. Under the IWSNA rules failure to supply an umpire will incur a fine of \$50 per umpire, payable by the team, not FDAS, to IWNSA and loss of two (2) competition points from the team that is playing the match. It's very important to make sure umpire/s attend to umpire – dressed in club uniform, turn up 15 minutes before the game and sign the umpire sheet at the Cintra Park Administration building - failure to turn up may lead to the playing team to lose their competition points

We have over the last few days notified the Manager/s (from the 12's & up) of the games they are to umpire; in the meantime managers please organize your team's umpire roster. We understand that some players may not be able to umpire due to study/work commitments or just not interested and that's fine **but** if we do not have umpires our team may not be permitted to play; and for our new umpires (the 12's) we need runners so if you would like to help just as a runner and not umpire we would love to hear from you too J

**Note to our Coaches/Managers for the 8y's team:** you are to umpire your team's game for one half and then the opposing team's coach/manager is to umpire the next half. The umpire (coach or manager) is permitted to enter the court to help direct play for both teams. Each team is provided with a score sheet and the player's rotation must be recorded for each game. No goals are recorded on the score sheet. The modified rules for 8ys and 9ys can be found on our website.

Queries send to: [fdallsaints@optusnet.com.au](mailto:fdallsaints@optusnet.com.au) with subject line "Umpiring"

Regards  
Monique, Hannah and Mark

## Registrar's Report

We are still looking for any new or returning players. **There is vacancy in one of the Cadets Teams** – please do contact the club if you know of anyone interested in playing for FDAS this year.

## Sponsorship & Fundraising

### Gala Day 2013

What a great day! Lots of running, jumping, passing and goals, and of course ALL sausages sold. Thank you to all that participated, cheered, cooked, sponsored and assisted to make it a very successful start to season 2013.

**A total of over \$5,000 (net of all costs) !! A new Club record**

The Gala Day fundraising really helps in running the Club over the year and benefits everyone.

### Gala Day Sponsors

Thank you again to all that raised some much needed funds for FDAS – it all helps with things like Coaching Courses, Player Clinics, Equipment, Umpire Fees etc. Your efforts and support is greatly appreciated.

### Prize winner for 2013

**1<sup>st</sup> Laura Sorrentino (Garnets) – with over \$500 !! WOW Laura will be receiving some gift vouchers for her outstanding effort.**

### Trivia Night ...

We are considering running a Trivia Night during the season – May or June subject to availability of Canada Bay Club. It will cover all areas so we all get to show **what we don't know**. Of course it is also dependent on a Silent Auction, so if everyone could let me know if they are interested in contributing prizes so we can gauge the support ... **We will be in touch again soon with more details.**

### Support Our Club Sponsors

#### Canada Bay Club



As our major sponsor, please make sure you are a member of the Club and support where you can *its only \$11.00 for 5 years!* The meals are fantastic from both The Family Brasserie and Wings Chinese Restaurant, and very reasonably priced.



#### The Athletes Foot Burwood

Get along to The Athletes Foot Burwood for all your Netball shoes and accessories. Part of each FDAS purchase is returned to the Club

### Sponsorship Opportunities

Interested in becoming a Sponsor of Five Dock All Saints Netball Club?

You will be supporting a fast-growing netball club with a strong community spirit! As a sponsor you will be a partner in the Club's vision that *"fair play and fun will bring success"*. Sponsor participation is an important part of our Club and our social and competitive calendar. You have the opportunity to **promote your business** to more than **300 registered members** and their families as well as another **3500-4000 players/supporters** from other teams/clubs **at Cintra Park** from other teams/clubs – **on a weekly basis**.

For a discussion to find out more, please contact me

**Patrick Everest**

Sponsorship & Fundraising Co-Ordinator

Mobile - 0414 331 742

Email - [peverest@jmichel.com.au](mailto:peverest@jmichel.com.au)