

Five Dock All Saints Netball Club



Est: July 2005

2009 Season Handbook

Website: www.fivedockallsaints.org.au

Email: fdallsaints@optusnet.com.au

2009 EXECUTIVE COMMITTEE

PRESIDENT	Darryl Stuart	Mob: 0425 255 846 Email: stualdar@police.nsw.gov.au
REGISTRAR	Lida Dal Cin	Mob: 0418 667 904 Email: lidadalcin@optusnet.com.au
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HANDY INFORMATION

Five Dock All Saints Club	11a Phillips Street Cabarita NSW 2137	Website: www.fivedockallsaints.org.au
Inner Western Suburbs Netball Association (IWSNA)	Cintra Park Crane Street Concord, Po Box 316 Burwood NSW 1805	Ph: 9744 0587 Fax: 9745 6051
Insurer: American Home Assurance JLT Sport	549 St Kilda Road Melbourne VIC 3004	Ph: 03 9522 4805 Toll Free: 1800 339 663 Fax: 03 9522 4974
Netball NSW	Anne Clarke Netball Centre Church Street Lidcombe NSW 2141 PO Box 396 Lidcombe NSW 1825	Ph: 9645 5666 Fax: 9646 5333 Email: netballnsw@netballnsw.com Website: www.netballnsw.com

Please show consideration and courtesy when making phone calls to any of the Netball Executive – late night calls are not appropriate and can usually wait until the morning.

CODE OF CONDUCT – SPECTATORS

Remember that young people participate in sport for their enjoyment and benefit, not yours.

Applaud good performances and efforts from all individuals and teams. Congratulate all participants on their performance regardless of the outcome of the game.

Respect the decisions of the officials and teach young people to do the same.

Never ridicule or scold a young player for making a mistake. Positive comments are motivational.

Condemn the use of violence in any form, whether it is by spectators, coaches, officials, or players.

Show respect for your teams' opponents. Without them there would be no game.

Encourage players to follow the rules and the officials' decisions.

Do not use foul language, sledge or harass players, coaches or officials.

Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

Do not interfere with the progress and/or conduct of the game.

CODE OF CONDUCT – COACHES

Should be treated with respect and openness.

Have access to self improvement opportunities; and be matched with a level of coaching appropriate to their level of competence.

Remember that young people participate for pleasure and winning is only part of the fun

Never ridicule or yell at a young player for making a mistake or not coming first

Be reasonable in your demands on players' time, energy and enthusiasm

Operate within the rules and spirit of your sport and teach your players to do the same

Ensure that the time players spend with you is a positive experience. All young people are deserving of equal attention and opportunities.

Avoid overplaying the talented players; the just-average need and deserve equal time

Ensure that equipment and facilities meet safety standards and are appropriate to the age and ability of all players.

Display control, respect and professionalism to all involved in sport. This includes opponents, coaches, officials, administrators, the media, parents and spectators. Encourage players to do the same.

Show concern and caution towards sick and injured players. Follow the advice of a physician when determining whether an injured player is ready to recommence training or competition.

Obtain appropriate qualifications and keep up to date with the latest coaching practices and the principles of growth and development of your people.

Any physical contact with a young person should be appropriate to the situation and necessary for the player's skill development.

Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion

Treat each player as an individual. Respect the talent, development stage and goals of each player, and help each player reach their full potential.

UNIFORM

With the exception of “Mini Magpies”, our Netball uniforms are as to be worn as follows:-

TOP: Royal Blue and Red, Club polo shirt with embroidered emblem
SKIRT: Royal Blue pleated netball skirt
SOCKS: FDAS Club issued socks only
BRIEFS: Royal Blue

**** Please note: the above items are compulsory ****

CLUB JACKET: Royal Blue, Red and White
TRACK PANTS: Royal Blue
SUN VISOR: Red

**** Please note: the above items are optional ****

General Uniform Information:-

The uniform will be available to try on and order on Registration Day.

Mini Magpie T-shirts will be provided by IWSNA through the FDAS Club

The top, jacket, track pants and sun visor, and FDAS socks are available for purchase only through the FDAS Club – (Contact the Uniform Coordinator or visit website www.fivedockallsaints.org.au)

The skirt and briefs may be purchased at Lowes or Target Stores.

REGISTRATION DAY

All **new** players joining the Club will need to provide the following:-

- Birth Certificate (photocopy)
- 2-passport sized photos
- Completed registration forms – download from website:
www.fivedockallsaints.org.au
- Fees payable for 2009

(Existing players need only complete registration form and pay the fees)

Please note the following:-

Players will only be refunded their fees and uniform costs if a position can not be found for them in a FDAS team.

Coaching and/or netball clinics are arranged by the Club.

Players may register as individuals OR as a complete team with no more than nine (9) players, a coach, and a manager. (See FDAS Club Specific Policy)

Late registration will only be accepted if a position is available in the appropriate age team

COACHES AND MANAGERS

Each team needs to have a Coach and a Manager

The coaches and managers will need to complete a **Child Protection Form** as well as comply with all legislated policies, relevant NSW Netball Association policies that FDAS has adopted, as well as FDAS specific Club policies.

Coaches need to also complete IWSNA Registration form.

PLAY SAFE .. PLAY WELL .. AND MOST IMPORTANTLY HAVE FUN !

FEES FOR 2009 SEASON

The following fees will apply for the 2009 Season:-

• Mini Magpie (Fun Net)	Registration 5 – 7 yrs	\$65.00
• Modified (Netta)	Registration 8 – 10yrs	\$95.00
• Junior	Registration 11-17yrs	\$95.00
• Senior	Registration 18yrs and up	\$95.00
• Non-players (Coaches)		\$0.00 – no cost
• Umpiring Fees	playing in U10's and up	\$10.00
• Netball Clinic		\$TBA when clinics are organised

IWSNA/NETBALL NSW POLICIES

Following are policy statements that have been adopted by FDAS directly from IWSNA:-

As part of your affiliation with IWSNA all Clubs/Members are expected to comply with these policies and procedures and it is an expectation that all members throughout the Association will play a vital role in supporting their development and implementation.

The Association is ever aware and continually seeking to adopt legislative Netball NSW and all Australian Netball requirements and best practice standards in its business practices.

For full details of the following policies please see you Club Secretary or visit the website:
www.fivedockallsaints.org.au

If you have any concerns please contact and discuss directly with IWSNA Secretary.

CHILD PROTECTION & INTERVENTION POLICY – Policy Statement

Netball NSW is committed to ensuring that the safety, welfare and wellbeing of children are maintained at all times during their participation in activities run by Netball NSW and its member bodies.

Netball NSW aims to promote a safe environment for all children and to assist all staff, officials, coaches, members and volunteers to recognise child abuse and neglect and follow the appropriate notification procedures when reporting alleged abuse.

The focus of the policy and guidelines is the prevention of child abuse in the sporting environment

This policy and guidelines promote the care and protection of children participating in Netball NSW and provide information and direction for employees, officials, coaches, volunteers and members of the organisation.

ANTI-HARASSMENT POLICY – Policy Statement

The Netball NSW is committed to providing a sport and work environment free of harassment.

Anyone who works for or represents Netball NSW, and everyone with whom Netball NSW deals, has the right to be treated with respect and dignity.

Netball NSW will not tolerate harassment in the organisation or anyone associated with it

Netball NSW will take all complaints confidentially and shall discreetly investigate such complaint.

Disciplinary action can be taken against a person who is found in breach of this policy

ENVIRONMENT, HEALTH AND SAFETY – Policy Statement

Netball NSW is committed to the Environmental Health and Safety of all members of the Association, all affiliated members of the Netball NSW, and those visiting the Associations

Netball NSW will actively support and maintain high standards of Environmental Health and Safety whilst recognising our operation constraints.

We will continue in our endeavours to be national leaders in providing an environment that is safe and without risk to health.

All Netball NSW personnel, contractors, agents and affiliates are hereby given notice that no process in any of our daily operation is more important than providing an environment that is safe and healthy for all.

You are empowered and obliged to seek out a solution or report any situation that may pose a threat to the Policy.

You shall not hinder nor interfere with any person or process that has been provided in the interests of the environment, life safety or for health reasons.

Whilst compliance with the applicable Legislation & Standards are recognised as the minimum standard we will pursue the avenues of continuous improvement and risk minimisation in environmental, health and safety practices across all areas of Netball NSW operations.

We promote to all of our vested associates the importance we place on this policy.

CODE OF CONDUCT – Players

Play by the rules. **Never** argue with an official. If you disagree have your Captain, Coach or Manager approach the official during the break or after the competition.

Control your temper. Verbal abuse of officials and sledging other players, deliberately distracting or provoking an opponent are not acceptable or permitted behaviours in any sport.

Be a good sport. Applaud all good plays whether they are made by your team or the opposition.

Treat all participants in your sport as you like to be treated. Do not bully or take unfair advantage of another competitor.

Participate for your own enjoyment and benefit, not just to please parents and coaches

Do no interfere with the progress and/or conduct of the game.

CODE OF CONDUCT - Parents

Remember that children participate in sport for **their** enjoyment not yours. Encourage children to participate, do not force them.

Focus on the child's efforts and performance rather than winning or losing.

Encourage children to play according to the rules and to settle disagreements without resorting to hostility or violence.

Never ridicule or yell at a child for making a mistake or losing a competition game.

Remember that children learn best by example

Appreciate good performances and skilful plays by all participants.

Support all efforts to remove verbal and physical abuse from sporting activities.

Respect officials' decision and teach children to do likewise

Show appreciation for volunteer coaches, officials, and administrators. Without them your child could not participate.

AIM

To provide a friendly competition for all netballers

To provide a healthy basis for the enjoyment of the sport

To foster a sportsmanlike attitude to the sport

To provide an environment for parents and carers to be involved with their children

COMPETITION

Five Dock All Saints Netball Club (FDAS) competes in the Inner Western Suburbs Netball Association (IWSNA) Competition.

Competition dates are set by the IWSNA and dates are advised at the start of the year. The 2009 Winter competition commences in May 2009 and concludes September 2009.

“Mini Magpies” commence in Week 2 of the competition and conclude in Week 13.

Visit website: www.fivedockallsaints.org.au to download Season Calendar.

CANCELLATION OF GAMES

Games cancelled due to inclement weather will be confirmed by IWSNA to the FDAS Secretary around 7:30am on the day of play.

The FDAS Club Secretary is contacted by the IWSNA who in turn will contact the Coaches/Managers.

This message will be conveyed by a series of phone calls and emails.

The team coach/manager will then contact their team advising of any cancellations. Each team is encouraged to develop their own call policies (ie: 1 player calls the next player on the team list, who then places the call to the next player and so on).

Please wait for the coach /manager to contact you. If no call is received by the time you are due to play then assume that your game has NOT been cancelled and go to Cintra Park. You can confirm at any time by visiting the website: www.fivedockallsaints.org.au

ADDITIONALLY – CANCELLED GAMES WILL BE POSTED ON THE WEBSITE AS SOON AS THE SECRETARY RECEIVES CONFIRMATION FROM IWSNA

IN THE EVENT OF INJURY

The IWSNA physiotherapist is on duty every Saturday in the room to the side of the Admin. Building. The physio will offer first aid and give instructions as necessary.

All registered members are insured; please contact FDAS Club Secretary if the injury requires further medical attention and for details of the policy of insurance.

CHILD PROTECTION, ANTI HARASSMENT POLICY, CODE OF CONDUCT

Five Dock All Saints Netball Club complies with the above policies as set out by the NSW Netball Association and IWSNA – visit the website: www.fivedockallsaints.org.au and follow the relevant links.

Do not interfere with the progress and/or conduct of the game unless called to do so by another official

Abide by the officials’ decisions.

NETBALL NSW PREGNANCY POLICY

Netball is a contact and collision sport and is not recommended for pregnant athletes. All persons participating in Netball should seek medical and legal advice on this issue.

Further information is available from the Australian Sports Commission and Sport Medicine Australia.

FIVE DOCK ALL SAINTS – CLUB SPECIFIC POLICIES

Five Dock All Saints Netball Club has adopted all the relevant legislated policies required by the New South Wales Netball Association and the Inner Western Suburbs Netball Association, including:-

- Child Protection & Intervention policy
- Anti Harassment Policy
- Environment, Health, Safety Policy
- Netball NSW Pregnancy Policy

Five Dock All Saints Netball Club has adopted the following codes, including:-

- Code of Conduct for Players
- Code of Conduct for Parents
- Code of Conduct for Spectators
- Code of conduct for Coaches
- Code of Ethics for Administrators

For the purposes of registration when a team is presented with a Manager and a Coach, and a request made by that group that they be registered as a team, the Club will make every effort to keep those players together. (Not applicable to teams under U10's as they will be graded).

If a team has more than 9 players and another team in that same age division has a deficient number of players, the Five Dock All Saints Executive Committee may exercise its absolute discretion in the final make-up of the team. The Committee's decision will be final.

All registration fees once paid are non refundable, (except where a team cannot be formed due to insufficient players ie: less than 7 players).

The Club will only grade players from 10 years when there is more than one team in the same age division. Any team from under 11's up registering as a complete team will be "paper graded" by the Club Registrar.

The above policies can be viewed in more detail and are available for download by visiting the website: www.fivedockallsaints.org.au and click on "Downloads" section of the Main Menu.

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